

# Sustainable housing: past, present and future



# **CROESO WELCOME**

# Dr Alison Pooley Programme Leader M.Arch Sustainable Architecture



#### Research

# **RICS**

December 2020

Almshouses: a model of community housing for an ageing population



rics.org/research

https://www.rics.org/uk/newsinsight/research/researchreports/almshouses-a-model-ofcommunity-housing-for-an-ageingpopulation/





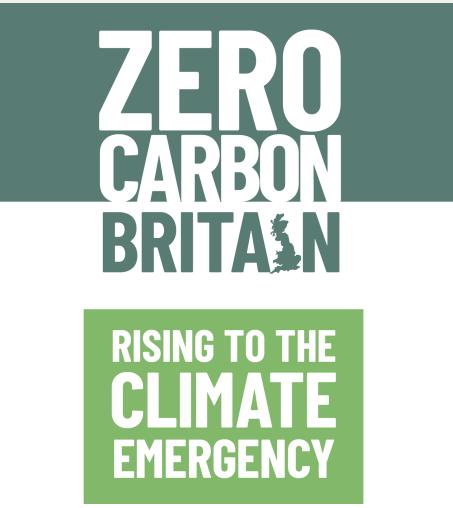
### What we are going to cover

- Brief introduction and background
  - Research
  - Energy consumption
  - Carbon reduction
  - Fuel poverty
- Retrofit case studies
  - Glasgow
  - Community
  - 80% house
  - Four Walls
- Panel Discussion
- Q&A

Research, Energy consumption, Carbon reduction, Fuel poverty



https://www.futuregenerations.wales/about-us/future-generations-act/





https://cat.org.uk/info-resources/zerocarbon-britain/research-reports/zerocarbon-britain-rising-to-the-climateemergency/

### Research, Energy consumption, Carbon reduction, Fuel poverty



"To meet its climate targets, the UK has an ambition to retrofit all homes to FPC band C standard by 2035. But only 29 per cent of homes today meet this standard, and the UK's current policy approach is nowhere near ambitious enough to tackle the remaining 71 per cent" p1

https://green-alliance.org.uk/resources/reinventing\_retrofit.pdf

https://www.energiesprong.uk/projects/nottingham

Research, Energy consumption, Carbon reduction, Fuel poverty



https://www.theccc.org.uk/wp-content/uploads/2019/02/UK-housing-Fit-for-the-future-CCC-2019.pdf

### Research, Energy consumption, Carbon reduction, Fuel poverty



CORONAVIRUS FINANCE DEVELOPMENT REGULATION MORE TOPICS

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Cost of retrofitting all social homes in the UK to zero carbon to top £100bn, exclusive research reveals

NEWS 23.11.20 7:00 AM BY LUCIE HEATH

The cost of retrofitting all social housing in the UK to zero carbon standards is currently on track to hit £104bn, exclusive research by *Inside Housing* has

#### MOST READ LATEST NEWS

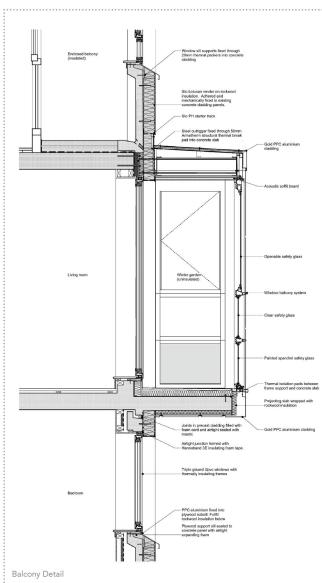
1. Large housing association loses appeal on case that could give leaseholders more power to dispute major works

2. New Providence Wharf fire: smoke detection system in block failed during fire

**3.** Fire at housing association block involved HPL cladding

4. G15 landlord spends £22m buying back homes on development evacuated over safety issues

https://www.insidehousing.co.uk/news/news/cost-of-retrofitting-all-social-homes-in-the-uk-to-zero-carbon-to-top-100bn-exclusive-research-reveals-68674





Annual  $CO_2$  emissions  $28kgCO_2/m^2$ 

Overall area-weighted U-value 0.36W/m<sup>2</sup>k

External render

Airtightness

Passivhaus EnerPHit

70% operational savings

Ongoing monitoring GSA

https://vimeo.com/418531581

#### Community Consultations and Workshops.

Collective Architecture engaged with the local community at every stage of the design process, ensuring residents were always at the heart of the project. Queens Cross Housing Association also arranged for communication to be distributed in 32 different langauages, ensuring no exclusions or barriers were created.

The proposals have been developed in consultation with the Association's local Community Involvement Group and with the community as a whole



Map of Locations for Community Consultations





"This options appraisal explores the ambitions of people living in Woodside for their homes and their future. They want to transform their area from a post-industrial corridor between the city centre and the north to a desirable, high quality, vibrant and sustainable local community that draws people in and makes them want to stay."

Shona Stephen Chief Executive Queens Cross Housing Association

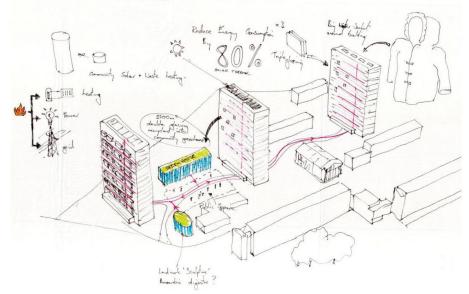
#### Woodside Statistic (2012)

- 4000 residents (approx)
- Diverse range of Nationalities
- 32 languages
- Tenants consist of single people, families asylum seekers, young people from the care system, those who have been homeless, elderly, disabled.
- Community has issues with high unemployment, poverty, isolaton, men health and people with addictons
- High unemployment 38%
- Benefit dependency 63<sup>o</sup>
- Income deprived 53%
- Ranked in the bottom 5% of the worst areas of deprivation in Scotland
- Isolaton evident even though close to city centre





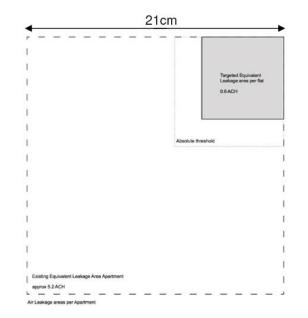
Woodside Multi-Storey Towers - before mid 1980's cosmetic external improvements.



Early sketch detailing a local whole system approach, showing how super efficent buildings can reduce energy consumption

### **Existing Airtightness**

The airtightness strategy was to make use of the existing precast concrete cladding. The square on the left represented with a dashed line indicative of the air tightness of a 3 bedroom flat prior to retrofitting. This is equivalent to having a permanent hole in your wall approximately 20cm x 20cm. To achieve the EnerPHit standard we need to get this down to atleast the size of a post it note.





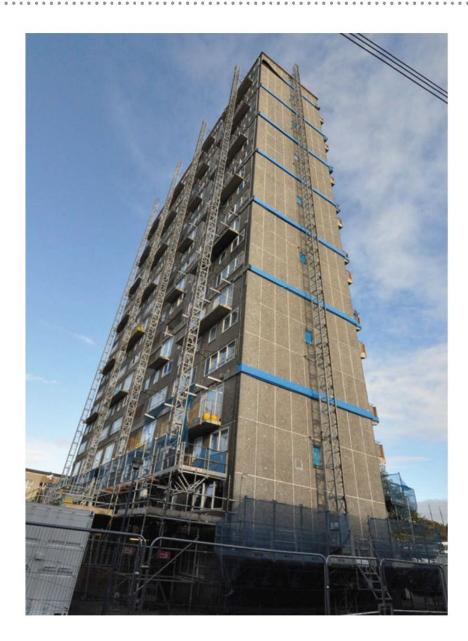
Airtightness Target - 90% improvement

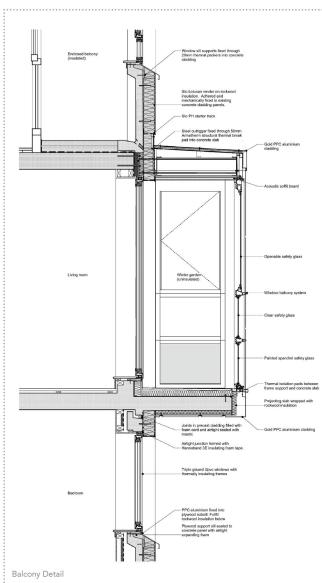
#### Progress Airtightness

The existing precast concrete cladding panels were considered sufficiently airtight to utilise for the airtight layer of the building. The gaps between the panels and the now redundant weep vents along with any redundant service penetrations were sealed with flexible sealant.











Annual CO2 emissions 28kgCO2/m<sup>2</sup>

Overall area-weighted U-value 0.36W/m<sup>2</sup>k

External render

Airtightness

Passivhaus EnerPHit

70% operational savings

Ongoing monitoring GSA

https://vimeo.com/418531581

https://retrofitworks.co.uk/community-groups/

https://www.warmworks.co.uk/

https://arbedambyth.wales/eng/home.html

https://www.futureproof.uk.net/



### https://www.energiesprong.uk/projects/nottingham



Search

Welcome to the <u>Low Energy Building Database</u>, a repository of low-energy building information created to help inform the planning and development of low energy new build and refurbishment You can <u>browse projects</u> in our database, you can also create and edit projects if you have a <u>log-in</u>. New users can <u>create an account</u>.

**Featured Projects** 



#### Steel Farm

WINNER of the UK Passivhaus Awards 2015 - Steel Farm is the first Certified Passivhaus in Northumberland. Built using traditional construction technology it is located near Hexham in the North Pennine Area of Outstanding Natural Beauty.

Detached, Masonry Cavity, New build Project owner : -

Passivhaus certified building

#### About the LEB

During 2009-2010, the Technology Strategy Board implemented a £17m programme known as Retrofit for the Future (RfF), to kickstart the retrofitting of the UK's social housing stock. AECB – the sustainable building association was asked to develop appropriate energy performance targets for the competition and provide ongoing support and guidance. The AECB and the TSB have developed this database as an education and dissemination tool, incorporating both the RfF projects as well as new and refurbished domestic and non-domestic low energy buildings. Find out more about the LEB

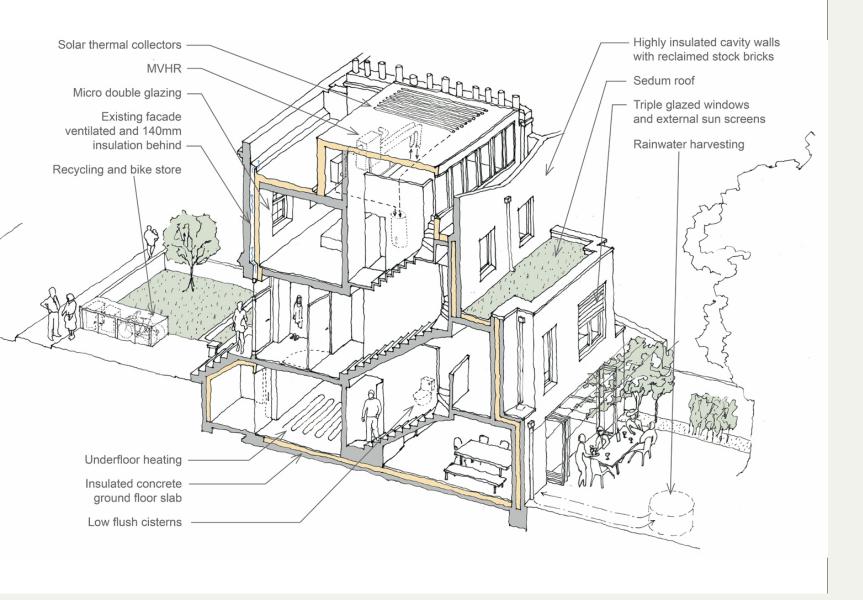
Home energy use check

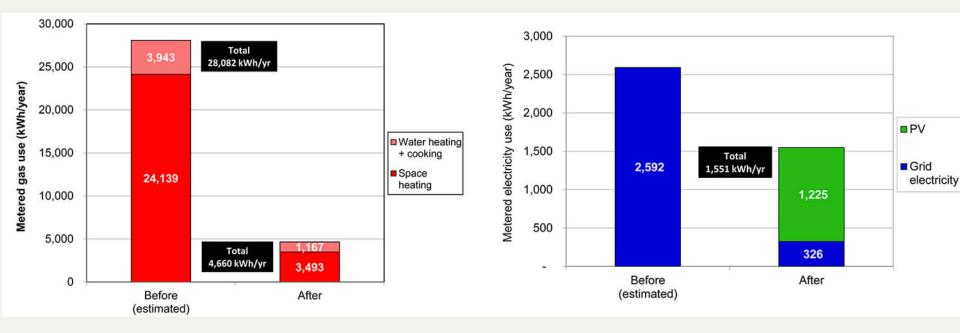
#### https://www.lowenergybuildings.org.uk/

Go



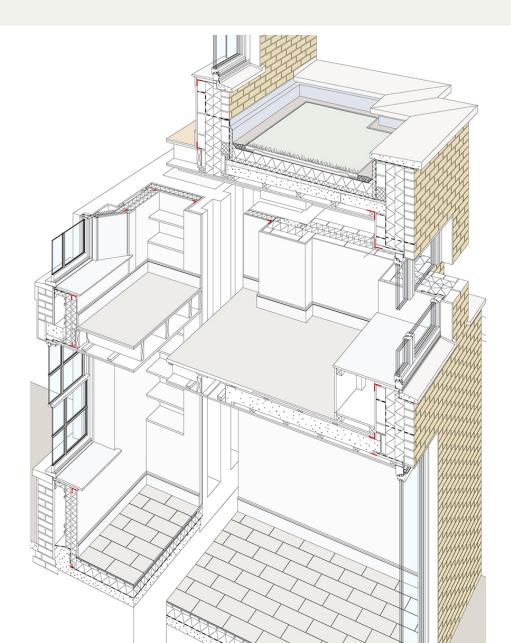
http://www.prewettbizley.com/-built-projectretrofit-for-the-future-house-index





The house achieves an 80% reduction in  $CO_2$  emissions, primarily by incorporating high levels of insulation and achieving an air tightness of 1.1 ach @ 50 Pa, very close to the EnerPHit. Fresh air is supplied by an MVHR (mechanical ventilation heat recovery) system. A photovoltaic array on the roof with a 1000 kWh/a output provides a little over half the annual electricity requirement.

### http://www.prewettbizley.com/built-project-80-house-index





http://www.prewettbizley.com/built-project-80-house-index



- Built in 1962
- Construction:
  - masonry cavity walls
  - timber roof with concrete tiles
  - mix of floor types, including suspended timber and cast in-situ concrete
- Insulation:
  - none, except 50mm glass fibre to loft



- Thermal bridge 'features' included:
  - concrete gutters

- concrete balcony
- external concrete access stairs
- Previous improvements:
  - replacement of most windows with uPVC double glazing
  - replacement boiler to an A-rated unit

#### **Total Energy Use**



# Four Walls External Wall Insulation



second layer of insulation overlaps timber sub-frame for windows

2 layers of 60mm modified resin insulation boards.

Bonded arrangement with second layer offset to overlap joints & gaps



### Four Walls External Wall Insulation



http://www.fourwalls-uk.com/

Calculated wall U-values:

Existing - original 1.42 W/m<sup>2</sup>.K

Existing – improved 0.12 W/m<sup>2</sup>.K

Extension 0.14 W/m<sup>2</sup>.K

Timber infill 0.09 W/m<sup>2</sup>.K

In-situ measured wall U-values:

Extension 0.135 W/m<sup>2</sup>.K



http://www.fourwalls-uk.com/

### DISCUSSION

# **KATE WATSON & IAN MAWDITT**





### https://cat.org.uk/events/eco-refurbishment/

https://cat.org.uk/info-resources/free-information-service/eco-renovation/eco-retrofit/







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- @centre\_alt\_tech
  - Centre for Alternative Technology

- ) centreforalternativetechnology
- ZeroCarbonBritain